Six Days of Family Worship

God Provides Our Spiritual Growth

(October 5–10, 2026 • Colossians 1:9–14)

Instructions: Choose either the longer or shorter Scripture reading. Read it aloud, ask the questions that fit your children, sing or listen to the day's song, and finish by praying together. Keep it simple and warm; even 7–12 minutes can establish a meaningful family rhythm. Encourage every child to participate, even if a prayer is only one sentence.

One Truth for the Week

God gives us wisdom and strength to live for him, and through Jesus he has rescued us and brought us into his family.

Day 1 — Ask God for Wisdom

LONGER READING
Colossians 1:9; James 1:5–8

SHORTER READING
Colossians 1:9

The main idea: Paul kept praying for believers he cared about. He asked God to give them wisdom to understand his will. We need that help too. As we read the Bible, we can ask, "Lord, help me understand what pleases you and put it into practice." Choose one person at church and ask God to help that person grow alongside you.

Younger Children Ages 3–5
Who was praying for the church?
Who gives us wisdom?
Can we ask God to help us learn?
Who could you pray for today?

Older Children
What did Paul ask God to give the believers?
How is wisdom different from knowing facts?
What decision needs God's wisdom today?
Whom could you pray for by name this week?

Sing: Your Will Be Done — CityAlight
This song helps us ask our Father to guide us as we learn to follow his will.
Open lyric video on YouTube

SCAN

Prayer Points
Ask God for wisdom to understand his Word.
Ask God about decisions your family faces.
Pray for one person at RBC to grow in the Lord.

Pray Together
Father, help us understand what pleases you. Give us wisdom to put your Word into practice, and help our church family grow too. Amen.

Parent note: God's will here concerns living in ways that please him. Help children begin with what Scripture teaches, love Jesus and love others, obey your parents.

Day 2 — Put God's Word into Practice

LONGER READING
Colossians 1:9–10; Proverbs 2:12–15, 20–22

SHORTER READING
Colossians 1:9–10

The main idea: Wisdom shapes the way we live. What we learn about God should show in how we treat people and make decisions. A child can show kindness, a teenager can choose honesty under pressure, and an adult can encourage a neighbor or coworker and share hope in Jesus. God helps his people take these ordinary steps to honor Jesus.

Younger Children Ages 3–5
Who helps us do what is right?
Is helping someone kind?
Can we speak kindly at home?
Who could you help today?

Older Children
What does a life that pleases God look like?
How does God's wisdom guide our choices?
What Bible truth could you practice today?
How might your choice show someone Jesus' love?

Sing: I Want to Know You — CityAlight
Knowing Jesus more deeply helps us follow him in the ordinary choices of life.
Open lyric video on YouTube

SCAN

Prayer Points
Ask God to help you practice what you learn from his Word.
Name one way to show kindness today.
Pray for courage to make a wise choice.

Pray Together
Lord, help us learn your Word and live it out. Show us someone we can help, and give us courage to make choices that honor you. Amen.

Parent note: Obedience is a right response to God's love and sacrifice for us. Children do not earn salvation or God's favor by making good choices.

Day 3 — Grow and Bear Good Fruit

LONGER READING
Colossians 1:10; Ephesians 2:8–10

SHORTER READING
Colossians 1:10

The main idea: A healthy tree bears fruit. In a Christian's life, good fruit means the good that grows as God changes us. Helping, encouraging, and doing what is right can show his goodness. As we learn about God and follow him, we come to know him better. The Lord who saved us by grace keeps working in us as we grow to be more like Jesus.

Younger Children Ages 3–5
What kinds of fruit grow on trees?
What is one good thing we can do?
Who helps Christians grow?
Can you encourage someone today?

Older Children
What kind of fruit is Paul describing?
How do learning and obeying help us know God better?
Why can good works never buy salvation?
Where do you see God helping you grow?

Sing: Yet Not I But Through Christ in Me — CityAlight
This song points us to Christ's strength as we follow him and grow.
Open lyric video on YouTube

SCAN

Prayer Points
Thank God for saving us by his grace.
Ask him to grow good spiritual fruit in our lives.
Pray for one opportunity to encourage someone.

Pray Together
Father, thank you for saving us by grace. Keep changing us as we learn to know you. Help our lives show your goodness to others. Amen.

Parent note: Good fruit means changed living, not fruit we eat. Good works grow from salvation by grace; they cannot purchase it.

Day 4 — Depend on God for Strength

LONGER READING
Colossians 1:10-11; Proverbs 15:18; 16:32

SHORTER READING
Colossians 1:10-11

The main idea: God's glorious power helps believers remain faithful when life is hard and patient when people bother us. Endurance means keeping on through difficult days. Patience means responding calmly when we are provoked. We can bring our struggles to God, receive encouragement, and take the next faithful step with his help.

Younger Children Ages 3–5
Who gives us strength?
Can we ask God for help when things are hard?
Can he help us speak kindly?
What could you do when you feel angry?

Older Children
How are endurance and patience different?
Why do both require God's help?
Where do you need strength to keep doing right?
How could you encourage someone who is struggling?

Sing: He Will Hold Me Fast — Sovereign Grace Music
This song reminds us that Christ faithfully sustains those who trust him.
Open lyric video on YouTube

SCAN

Prayer Points
Bring God any situations that are hard right now.
Ask for patience with one person.
Pray for someone who needs endurance in trial or sickness.

Pray Together
Father, give us strength when we feel worn down. Help us keep doing what is right and respond patiently to people. Thank you for your love and help. Amen.

Parent note: Patience does not mean allowing someone to harm us. Children should tell a trusted adult about danger or mistreatment. God's strength does not promise easy circumstances.

Day 5 — Give the Father Joyful Thanks

LONGER READING
Colossians 1:11–12; Ephesians 2:4–8

SHORTER READING
Colossians 1:11–12

The main idea: Paul prayed that believers would be filled with joy and keep thanking the Father. We can remember his goodness toward us while we wait for a hard situation to change. He has shown us mercy through Jesus, and he is still at work in his people. Name a specific reason to thank him today, and help one another remember what Jesus has done.

Younger Children Ages 3–5
Who should we thank?
Does God love his people?
What has God given our family?
What can you thank him for today?

Older Children
Why does Paul connect strength with joyful thanks?
How can we give thanks during a hard week?
What does Ephesians 2 show about God's mercy?
How can our family help someone remember God's goodness?

Sing: Now Thank We All Our God — Reawaken Hymns
This hymn helps families thank God for his faithful care and many gifts.
Open lyric video on YouTube

SCAN

Prayer Points
Thank God for one specific kindness.
Praise him for his mercy through Jesus.
Pray for someone waiting through difficulty.

Pray Together
Father, thank you for your mercy and faithful care. Help us remember your goodness while we wait, and encourage someone else with that hope. Amen.

Parent note: Joyful thanksgiving can exist alongside tears because God is with us. Listen to a child's sadness, then gently recall God's love rather than requiring a cheerful face.

Day 6 — Thank God for His Rescue

LONGER READING
Colossians 1:12–14; Ephesians 2:1–8

SHORTER READING
Colossians 1:13–14

The main idea: The Father has rescued believers from the kingdom of darkness and brought us into the Kingdom of his Son. Jesus purchased our freedom and forgave our sins through his death for us. He rose again, and everyone who trusts him belongs to him. Our new life begins with his grace. The God who rescued us gives us what we need to keep growing.

Younger Children Ages 3–5
Who rescues us from sin?
Who died for our sins and rose again?
Can we trust Jesus to forgive us?
Who can we thank for his rescue?

Older Children
What has the Father done for believers?
What does it mean that Jesus purchased our freedom?
Why is rescue the foundation of spiritual growth?
How does belonging to Jesus help us face tomorrow?

Sing: It Was Finished Upon That Cross — CityAlight
This song celebrates Christ's completed work, forgiveness, and freedom from darkness.
Open lyric video on YouTube

SCAN

Prayer Points
Thank Jesus for dying and rising for our sin.
Thank the Father for forgiveness and bringing us into his family.
Ask God to help someone trust Christ.

Pray Together
Father, thank you for rescuing us through Jesus. Thank you for forgiving those who trust him and bringing us into your family. Help us keep growing in your grace. Amen.

Parent note: Explain darkness as life under sin's rule, not nighttime. Do not assume every child has trusted Christ. Invite honest questions and explain that forgiveness is received through faith in Jesus.